

# June 2026 IL/Homeowners Activity Calendar

# 6/1/26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>AD National Dinosaur Day</b> 8:30 Resident-Led Walking Group 10:00 <b>Aqua Fitness</b> 11:00 Learn About: Dinosaurs 11:15 <b>Yoga Strength</b> 1:00 Movie: "Jurassic Park" (1993) 2:00 Catholic Eucharist 2:30 Let's Play the Game: Blank Slate 3:30 Corn Hole 6:30 <b>UWG + The Birches Lifelong Learners' Speaker Series: Dinosaurs</b>	8:30 Resident-Led Walking Group 10:00 Bible Study Led by Mitch Clifton 10:00 <b>Chair Yoga</b> 11:00 <b>Tai Chi for Mind and Body Harmony</b> 2:00 Cardio Drumming 3:00 Ladder Golf 3:15 <b>Exercise Class with Ron Gibson</b> 4:00 Let's Play: UNO	<b>AD World Cider Day</b> 8:30 Resident-Led Walking Group 11:00 <b>Snack and Learn: Cider</b> 11:15 <b>Yoga Strength</b> 12:00 <b>Chair Strength and Tone</b> 1:00 Mid-Week Matinee 3:00 <b>Axe Throwing</b> 4:00 <b>Bingo Bonanza</b>	<b>AD National Cheese Day</b> 4:00 <b>Billiards and Board Games</b> 8:30 Resident-Led Walking Group 10:00 <b>Zumba</b> 11:00 <b>Snack and Learn: Cheese</b> 11:00 <b>Tai Chi for Mind and Body Harmony</b> 1:00 Mahjong Open Play 2:00 Chair Volleyball 3:00 Family Feud 4:00 <b>Heaven Sent Helpers Meet and Greet</b>	<b>AD National Donut Day and World Environment Day</b> 8:30 Resident-Led Walking Group 10:00 <b>Diabetes Support Group</b> 12:00 <b>Chair Pilates</b> 2:00 Chef's Chat 2:00 Day Outing to Carroll 168 Donuts 3:00 Exercise with Bill Lane 4:00 Friday Mocktails & Cocktails	<b>AD Anniversary of D-Day - June 6, 1944</b> <b>AD Deadline to RSVP to the June 12 Father's Day BBQ</b> <b>AD National Yo-Yo Day</b> 9:00 <b>Cotton Mill Farmers' Market</b> 9:30 <b>Tabernacle Gym: Walking, Pickleball, and Corn Hole</b> 3:00 Saturday Matinee
9:00 <b>Southern Hills: The Church at City Station</b> 10:45 Hymns Sing-A-Long 11:00 Live Stream Church Service 3:00 Sunday Afternoon Cards 3:00 Sunday Matinee	<b>AD World Oceans Day</b> 8:30 Resident-Led Walking Group 10:00 <b>Aqua Fitness</b> 11:00 Learn About: World Oceans 11:15 <b>Yoga Strength</b> 2:00 Catholic Eucharist 2:30 Let's Play the Game: Blank Slate 3:30 Corn Hole	8:30 Resident-Led Walking Group 10:00 Bible Study Led by Mitch Clifton 10:00 <b>Chair Yoga</b> 11:00 <b>Tai Chi for Mind and Body Harmony</b> 2:00 Cardio Drumming 3:00 Ladder Golf 3:15 <b>Exercise Class with Ron Gibson</b> 4:00 Let's Play: UNO 6:30 <b>Sound Healing with Tasha</b>	<b>AD National Iced Tea Day</b> 8:30 Resident-Led Walking Group 11:00 <b>Snack and Learn: Iced Tea</b> 11:15 <b>Yoga Strength</b> 12:00 <b>Chair Strength and Tone</b> 1:00 Mid-Week Matinee 3:00 <b>Axe Throwing</b> 4:00 <b>Bingo Bonanza</b>	8:30 Resident-Led Walking Group 10:00 <b>Dementia Support Group</b> 10:00 <b>Zumba</b> 11:00 <b>Tai Chi for Mind and Body Harmony</b> 12:15 Live Piano Music in the Independent Living Lobby 2:00 Chair Volleyball 4:00 Mocktails, Cocktails, & Karaoke	8:30 Resident-Led Walking Group 12:00 <b>Chair Pilates</b> 2:00 Day Outing to AGW Ice Cream Shop 3:00 Exercise with Bill Lane 6:30 <b>Boot Scootin' Father's Day BBQ</b>	9:00 <b>Cotton Mill Farmers' Market</b> 9:30 <b>Tabernacle Gym: Walking, Pickleball, and Corn Hole</b> 3:00 <b>Saturday Matinee</b>
<b>AD Flag Day</b> 9:00 <b>Southern Hills: The Church at City Station</b> 10:45 Hymns Sing-A-Long 11:00 Live Stream Church Service 3:00 Sunday Afternoon Cards 3:00 Sunday Matinee	8:30 Resident-Led Walking Group 10:00 <b>Aqua Fitness</b> 11:00 Learn About: Flag Day (June 14) 11:15 <b>Yoga Strength</b> 2:00 Catholic Eucharist 2:30 Let's Play the Game: Blank Slate 3:30 Corn Hole	8:30 Resident-Led Walking Group 10:00 Bible Study Led by Mitch Clifton 10:00 <b>Chair Yoga</b> 11:00 <b>Tai Chi for Mind and Body Harmony</b> 2:00 Cardio Drumming 3:00 Ladder Golf 3:15 <b>Exercise Class with Ron Gibson</b> 4:00 Let's Play: UNO	8:30 Resident-Led Walking Group 10:00 Community Garden Gathering 11:15 <b>Yoga Strength</b> 12:00 <b>Chair Strength and Tone</b> 1:00 Mid-Week Matinee 3:00 <b>Axe Throwing</b> 3:00 <b>Bingo Bonanza</b> 4:00 Hymns Sing-along with Ginny and John	<b>AD International Picnic Day</b> 8:30 Resident-Led Walking Group 10:00 <b>Zumba</b> 11:00 Day Outing to John Tanner Park & Picnic Lunch 11:00 <b>Tai Chi for Mind and Body Harmony</b> 1:00 Mahjong Open Play 2:00 Chair Volleyball 3:00 Family Feud 4:00 <b>Billiards and Board Games</b>	<b>AD Juneteenth</b> 8:30 Resident-Led Walking Group 11:00 Learn About: Juneteenth 12:00 <b>Chair Pilates</b> 3:00 Exercise with Bill Lane 4:00 Friday Mocktails & Cocktails 6:30 Putting Contest	<b>AD International Surfing Day</b> 9:00 <b>Cotton Mill Farmers' Market</b> 9:30 <b>Tabernacle Gym: Walking, Pickleball, and Corn Hole</b> 11:00 Learn About: Surfing 3:00 Saturday Matinee
<b>AD Father's Day</b> <b>AD National Peaches and Cream Day</b> 9:00 <b>Southern Hills: The Church at City Station</b> 10:45 Hymns Sing-A-Long 11:00 Live Stream Church Service 3:00 Sunday Afternoon Cards 3:00 Sunday Matinee	<b>AD National Chocolate Eclair Day</b> 8:30 Resident-Led Walking Group 10:00 <b>Aqua Fitness</b> 11:00 <b>Snack and Learn: Chocolate Eclairs</b> 11:15 <b>Yoga Strength</b> 2:00 Catholic Eucharist 2:30 Let's Play the Game: Blank Slate 3:30 Corn Hole	<b>AD National Pink Day</b> 8:30 Resident-Led Walking Group 10:00 Bible Study Led by Mitch Clifton 10:00 <b>Chair Yoga</b> 11:00 <b>Tai Chi for Mind and Body Harmony</b> 12:30 Resident Ambassador Activity 2:00 Cardio Drumming 3:00 Ladder Golf 3:15 <b>Exercise Class with Ron Gibson</b> 6:30 <b>Sound Healing with Tasha</b>	8:30 Resident-Led Walking Group 11:15 <b>Yoga Strength</b> 12:00 <b>Chair Strength and Tone</b> 3:00 <b>Axe Throwing</b> 3:00 <b>Ladies' Tea</b> 4:00 <b>Bingo Bonanza + The Bingo Store</b>	<b>AD National Handshake Day</b> 8:30 Resident-Led Walking Group 10:00 <b>Zumba</b> 11:00 <b>Tai Chi for Mind and Body Harmony</b> 12:15 Live Piano Music in the Independent Living Lobby 2:00 Chair Volleyball 3:00 Family Feud 4:00 <b>Billiards and Board Games</b>	8:30 Resident-Led Walking Group 10:00 <b>Nourish &amp; Flourish - Cooking with Gail</b> 12:00 <b>Chair Pilates</b> 3:00 Exercise with Bill Lane 4:00 Friday Mocktails & Cocktails and Monthly Birthday Celebration 4:00 Vocalist/Keyboardist Karen Vance	<b>AD Helen Keller Day, International Sunglasses Day, National Bingo Day</b> 9:00 <b>Cotton Mill Farmers' Market</b> 9:30 <b>Tabernacle Gym: Walking, Pickleball, and Corn Hole</b> 3:00 Saturday Matinee
9:00 <b>Southern Hills: The Church at City Station</b> 10:45 Hymns Sing-A-Long 11:00 Live Stream Church Service 3:00 Sunday Afternoon Cards 3:00 Sunday Matinee	8:30 Resident-Led Walking Group 10:00 <b>Aqua Fitness</b> 10:30 Equine Therapy: Pet the Ponies 11:15 <b>Yoga Strength</b> 2:00 Catholic Eucharist 2:30 Let's Play the Game: Blank Slate 3:30 Corn Hole	8:30 Resident-Led Walking Group 10:00 Bible Study Led by Mitch Clifton 10:00 <b>Chair Yoga</b> 11:00 <b>Tai Chi for Mind and Body Harmony</b> 2:00 Cardio Drumming 3:00 Ladder Golf 3:15 <b>Exercise Class with Ron Gibson</b> 4:00 New Resident Reception and Orientation				

- Happy Birthday!**
- Charlotte P. - June 4th
  - Teresa J. - June 10th
  - Nell B. - June 12th
  - Barbara P. - June 15th
  - Teresa B. - June 17th
  - John P. - June 21st
  - Jim B. - June 28th
  - Jan. W. - June 29th

## Location Key

- Light Green = Get Healthy, Live Well
- Teal Blue = Birches on Maple
- Orange = City of Carrollton
- Light Blue = City Station
- Dark Blue = UWG
- Gold = Other organization

