August 2025 IL/Homeowner Calendar

(7-31-25)

O	0 /						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Happy Birthday!
					9:30 Resident-led Walking Club 12:15 Line Dancing 2:00 Friday Flicks & Fun - "I Saw The Light" (2015) 4:30 Friday Mocktails & Cocktails	AD National Clown Day 8:00 Cotton Mill Farmers' Market 9:00 Pickleball at City Station Gym 9:30 Resident-led Walking Club	Jan N Aug. 8 Lauretta P Aug. 8 Sheila L Aug. 18
9:00 Southern Hills: 3 The Church at City Station 11:00 Live Stream Church Service 2:00 Sunday Afternoon Cards 3:00 Pool Time	9:30 Resident-led Walking Club 10:00 Aqua Fitness 11:15 Yoga For Every Body 11:30 Lucky Rollers: Let's Play Bunco 4:00 Bat Tales: John Wilbur's Adventures at Bat World Sanctuary	10:00 Bible Study Led by Mitch Clifton 10:00 Chair Yoga 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 11:30 Mind Games 3:00 Day Outing to Belk Department Store 6:30 Sound Healing with Tasha	9:30 Resident-led Walking Club 11:15 Yoga For Every Body 11:30 Bingo Bonanza 12:00 Chair Strength and Tone 3:30 Big Nick's Putt-Putt Golf Tournament	10:00 Zumba 7 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 2:00 Chair Volleyball 3:00 Billiards & Board Games 5:00 Back to School Pizza Party	9:30 Resident-led Walking Club 11:00 Silver Strength 12:15 Line Dancing 2:00 Friday Flicks & Fun - "Sister Act" 4:30 Friday Mocktails & Cocktails 6:00 Night Market	8:00 Cotton Mill Farmers' Market 9:00 Pickleball at City Station Gym 9:00 Yoga At The Amp 9:30 Resident-led Walking Club	Louise M Aug. 18 Brenda R Aug. 20
9:00 Southern Hills: 10 The Church at City Station 11:00 Live Stream Church Service 2:00 Sunday Afternoon Cards 3:00 Pool Time	9:30 Resident-led Walking Club 10:00 Aqua Fitness 11:15 Yoga For Every Body 11:30 Lucky Rollers: Let's Play Bunco 3:30 Indoor Courtyard Games	10:00 Bible Study Led by Mitch Clifton 10:00 Chair Yoga 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 11:30 Mind Games 3:30 Get Healthy, Live Well Meet & Greet	AD National 13 Left-Handers Day 9:30 Resident-led Walking Club 11:15 Yoga For Every Body 11:30 Bingo Bonanza 12:00 Chair Strength and Tone 3:00 Ladies' Tea	AD Navajo Code Talkers Day 10:00 Zumba 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 2:00 Facts About the Navajo Code Talkers 3:00 Documentary: "Navajo Code Talkers of World War II" (2018) 7:00 Night Swim Pool Party	AD National Hawaiian Shirt Day 9:30 Resident-led Walking Club 11:30 Say Aloha to Hawaii - Fun Facts About the 50th State 12:15 Line Dancing 2:00 Friday Flicks & Fun - "Blue Hawaii" 4:30 Friday Mocktails & Cocktails	AD National Tell A Joke Day 8:00 Cotton Mill Farmers' Market 9:00 Pickleball at City Station Gym 9:30 Resident-led Walking Club 8:00 The Adams Effect: A Tribute to Bryan Adams	Location Key
9:00 Southern Hills: 17 The Church at City Station 11:00 Live Stream Church Service 2:00 Sunday Afternoon Cards 3:00 Pool Time	AD Deadline to RSVP for the August 23 Family Event: A Parisian Breakfast Affair 9:30 Resident-led Walking Club 10:00 Aqua Fitness 11:15 Yoga For Every Body 11:30 Lucky Rollers: Let's Play Bunco 3:30 Indoor Courtyard Games	10:00 Bible Study Led by Mitch Clifton 10:00 Chair Yoga 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 11:30 Mind Games 6:30 Sound Healing with Tasha	9:30 Resident-led Walking Club 11:15 Yoga For Every Body 11:30 Bingo Bonanza 12:00 Chair Strength and Tone 3:30 Midweek Melody Hymn Sing-A-Long	AD Senior Citizen Day 10:00 Zumba 11:00 Vocalist/Keyboardist Karen Vance 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 2:00 Chair Volleyball 3:00 Billiards & Board Games	9:30 Resident-led Walking Club 10:00 Nourish & Flourish - Cooking with Gail 11:00 Silver Strength 12:15 Line Dancing 2:00 Friday Flicks & Fun - "Mrs. Harris Goes to Paris" 4:30 Friday Mocktails & Cocktails 7:00 Locals Live at The Amp Featuring National Era and Ugly Betty	9:00 August Family Event: A Parisian Breakfast Affair	Light Green = Get Healthy, Live Well Teal Blue = Birches on Map Orange = City of Carrolltor
9:00 Southern Hills: 24 The Church at City Station 11:00 Live Stream Church Service 2:00 Sunday Afternoon Cards 3:00 Pool Time	9:30 Resident-led Walking Club 10:00 Aqua Fitness 11:15 Yoga For Every Body 11:30 Lucky Rollers: Let's Play Bunco 3:30 Indoor Courtyard Games	AD National Dog Day 10:00 Bible Study Led by Mitch Clifton 10:00 Chair Yoga 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 11:30 Celebrate Women's Equality Day 4:00 Independent Living Town Hall 7:00 Dog Fashion Show	9:30 Resident-led 27 Walking Club 11:15 Yoga For Every Body 11:30 Bingo Bonanza 12:00 Chair Strength and Tone 3:30 AL/IL Mix & Mingle	10:00 Zumba 28 11:00 Zen Flow - Tai Chi for Mind and Body Harmony 2:00 Chair Volleyball 3:00 Billiards & Board Games	9:30 Resident-led 29 Walking Club 12:15 Line Dancing 2:00 Friday Flicks & Fun - "Cocoon" 4:30 Friday Mocktails & Cocktails and Monthly Birthday Celebration	8:00 Cotton Mill Farmers' Market 9:00 Pickleball at City Station Gym 9:30 Resident-led Walking Club 11:30 Bead Jewelry Making With Becky Buxton	Dark Blue = UWG Gold = Misc. Organizations
9:00 Southern Hills: 31 The Church at City Station 11:00 Live Stream Church Service 2:00 Sunday Afternoon Cards 3:00 Pool Time							THE BIRCHES ON MAPLE